

# SPORT AND RECREATION

IN THE GOONDIWINDI REGION



Sport and recreation in the Goondiwindi Region is a priority for Council that provides benefits to the community across four key pillars:

ECONOMIC | MENTAL HEALTH  
PHYSICAL HEALTH | SOCIAL



"People of all ages should have the opportunity to engage in sport and physical activity."\*

## REGIONAL PRIORITIES

**Current and future community-led projects should aim to align with the region's priorities for sport and recreation. These priorities include:**

- Empowered local community groups
- Increased local decision-making
- Safe facilities
- Strong tourism market related to sporting events
- Alignment with the key pillars of economic, mental health, physical health and social benefits
- Increased participation of people with a disability, people from culturally and linguistically diverse communities, low-medium income households, Aboriginal and Torres Strait Islander people and women and girls
- Technology that supports efficiency
- High participation rates

**In line with the Queensland Government's 10-year plan to encourage movement and engage more Queenslanders with physical activity, Goondiwindi Regional Council also supports the following outcomes in relation to sport and recreation:**

- Empower more people to enjoy physical activity to improve their health and wellbeing in active communities
- Inspire activity with places and spaces that invite an active lifestyle
- Enhance community connection through participation in sport and recreation

"If nothing is done to curb growth in obesity, Australia will face \$88 billion of extra health and social costs over the next 10 years."\*



"Children who grow up playing sport are also 10% more likely to remain active as adults."\*

## COMMUNITY ROLE

Goondiwindi Regional Council has established a community empowerment model to support sport and recreation in the region. This community-led model provides opportunity and potential for the community to:

- Work together to achieve outcomes
- Create a vibrant and diverse range of programs
- Increase participation rates
- Create sustainability for future years
- Identify their own goals and priorities
- Create social cohesion





# SPORT AND RECREATION IN YOUR REGION

Get involved at one of the many quality local sport and recreation facilities in the Goondiwindi region

- Coolmunda dam
- Fishing and camping sites
- Local airport network
- Motorcross tracks
- Reserves and town commons
- Scout and guide groups
- Skate parks
- Goondiwindi natural heritage & water park

- Bowling clubs
- Golf clubs
- Local halls network
- Regional sporting complexes
- PCYC facilities
- Racecourses
- Regional sporting teams
- Showgrounds
- Swimming pools



- Network of 25+ parks and gardens
- Tennis courts
- Walkway and cycling network
- Polo fields
- Shooting ranges

"Sport and sport related industries contribute to approximately 3% of national GDP."\*



# COUNCIL'S ROLE

Goondiwindi Regional Council has a multifaceted role in the delivery of a healthy, active community. In the current delivery model, Council supports local groups with the following:

## FUNDING

- Sport event sponsorship
- Facility grants
- Community donations
- Help with grant applications

## COORDINATION

Facilitates



## STRATEGIC DIRECTION

- Master planning
- Supporting quality infrastructure

## PARTNERSHIPS & ADVOCACY

- Advocacy for local clubs
- Partnering with local sporting groups to achieve outcomes



"Sport includes informal, unstructured activity such as walking, riding, swimming and running."\*

"Return on investment of \$7 for every dollar spent."\*